Finger Knitting

Finger knitting is a great alternative to knitting with needles and a perfect way to introduce children to the craft. It’s incredibly simple and quick to learn, a scarf for the Snowdog can be made in less than thirty minutes, but be warned, it is terribly addictive! It will become a playtime favourite.

Finger knitting produces a rope like chain, which depending on its length can be used to make bracelets, scarves, wreaths, garlands and tree decorations.

You will need

- Any wool or string
- Scissors
- Decorations (optional) – bells, ribbons, bows, sequins, garden wire to wrap your knitting onto or wreaths to tie your knitting to.

Instructions

1. With your palm facing down, tuck the tail of your wool between your thumb and index finger so that the tail is hanging down the back of your hand. Turn your hand over and taking the working wool weave the wool over your index finger and under your middle finger, over your ring finger and under your little finger. Go all the way around your little finger and weave back to your index finger. Repeat until you are back at your index finger and there are two loops across each finger.
2. There should be two strands of wool across the base of each finger. Starting with your little finger, pull the bottom strand of wool up over the top of your finger and let it go. Repeat across each finger and then repeat weaving to your little finger and back again. Take the bottom loops up and off the ends of each finger, working from your little finger to your index finger. Repeat.

3. As you repeat the steps you will notice that a ladder is forming on the back of your middle finger and ring finger. You can pull on the tail of the wool to tighten up your knitting as you go. When you are happy with the length of your knitting you are ready to cast off.
4. To cast off, leaving one loop across each finger, take the bottom loop from the little finger and lift it up and over onto the ring finger. Then take the bottom loop from the ring finger and lift it up and over to place on the middle finger. Repeat until you just have one loop on your index finger. Carefully take this loop off, snip the end of your working wool with a tail of about 10-15cm, thread it through the loop and pull tight.

5. Your finger knitting can be strung on a Christmas tree just as it is, or you can embellish it with sequins, ribbons and bells. Finger knitting can create garlands, bracelets and tree decorations, plait finger knits together for a thicker chain or experiment with different colours and thicknesses of yarn.